Benefits Questions?



Contact your Alliant Benefit Advocate

(800) 489-1390
benefitsupport@alliant.com

5 a.m.–5 p.m. (Pacific Time) Monday–Friday

Your Benefit Advocate can help with:

- Medical, dental, vision, EAP, life, AD&D, and disability benefits
- General benefit questions
- Claims and appeal questions
- Prescription problems
- Questions covering HSA, FSA, and HRA accounts
- Enrollment and eligibility questions
- COBRA inquiries

Contact your health plan directly for:

- *Plan ID cards*
- *Submitting a new claim*
- *Verifying that your doctor is currently in the network*
- *Questions about HSA and FSA debit cards and account balances*

Need Claims Assistance?

You may need to complete a HIPAA Authorization Form to grant your Benefit Advocate permission to work with your insurer and/or healthcare provider(s) to resolve your claims issues. Permission is granted on a limited time basis to only the individuals listed on the form. The form is revocable at any time. Your Benefit Advocate will provide the form to you when needed.

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Benefits Questions?

Visit MyBenefits.Life



Find benefit answers and more, anytime, anywhere!

- **Plan details and costs**
- **Contact information**
- **Plan documents**

https://gosiger.mybenefits.life/

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